



GOLDIE GHAMARI
MEMBER OF PROVINCIAL PARLIAMENT
CARLETON

PRESS RELEASE

Ottawa Keeping Seniors Healthy and Connected
Seniors Community Grants invests directly in our Seniors

FOR IMMEDIATE RELEASE

February 1, 2022

OTTAWA - Ontario is investing in multiple projects that will enrich the lives of Ottawa seniors and recognize their significant contributions to our province.

This years Seniors Community Grant project will provide Ottawa with \$170,000 to help Ontario's Seniors to stay fit, active, healthy and in their communities.

Riding recipients include:

- Rural Ottawa South Support Services – A Friendly Voice Volunteer Expansion Project - \$25,000
- Ottawa Korean Evergreen Society – Project to Address Isolation of Older Adults - \$24,700
- Indo-Canadian Community Centre Inc. – Empowering and Supporting Seniors for Safe, Healthy and Socially Active Life - \$25,000
- Nepean Rideau Osgoode Community Resource Centre – Bringing Older Adults Together - \$24,025
- Centre multiservices francophone de l'Ouest d'Ottawa inc. - Activités de participation sociale pour les aînés francophones de l'Ouest d'Ottawa - \$24, 270
- Jewish Family Services of Ottawa – Keeping Vulnerable Seniors Connected to the Community - \$23, 649
- Olde Forge Community Resource Centre – Staying Strong, Active and Safe - \$23, 509

“This is great news for the seniors of Ottawa. These projects will make a big difference in the lives of hundreds of older Ontarians in Ottawa and Carleton,” said Goldie Ghamari, MPP for Carleton. “Isolation has increasingly affected the well-being of seniors during the pandemic. These important projects offer meaningful opportunities for seniors to safely take part in local life and keep connected to friends, family and the community.”



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“Our government is proud to invest in local organizations which are well-positioned to meet the needs of seniors in their community,” said the Minister of Seniors and Accessibility. “Seniors Community Grants provide tremendous enjoyment and personal value to older Ontarians.”

“Since the beginning of the pandemic we have faced a triple threat that COVID-19 represents — a health, economic and social crisis, which has particularly impacted Ontario’s seniors,” said Hon. Lisa MacLeod, MPP for Nepean. “I am proud of the great work the Indo-Canadian Community Center and Nepean Rideau Osgoode Community Resource Centre do to benefit the seniors of Nepean. The funding announced today is critical to support these local organizations deliver programs for our seniors, so they can once again connect with their communities and stay physically and socially active.”

“For many of us, remaining active and socially engaged has been a challenge for the past two years, especially for our seniors,” said Jeremy Roberts, MPP for Ottawa-West Nepean. “I am pleased to see this investment to help Ottawa’s vulnerable seniors maintain their connections with our community”

“All of us at Rural Ottawa South Support Services couldn’t be more excited to receive a Seniors Community Grant to support A Friendly Voice telephone line for seniors. The government of Ontario has been an incredible supporter of our phone line and the impact that we are having on the health and well-being of lonely and isolated seniors throughout the province,” said Kelly Dumas, executive Director at ROSSS. “We are thankful for the opportunity to work together through this generous grant to recruit and train the growing number of volunteers that are required to staff our expanding phone line. We are especially pleased that the government of Ontario recognizes that A Friendly Voice is an innovative response to the growing crisis on loneliness and isolation with seniors in the province. Thanks to the Seniors Community Grant, we will have the capacity to ensure that there is always a warm and caring volunteer available to speak with an Ontario senior who needs a friend.”

QUICK FACTS

- The Seniors Community Grants Program provides funding ranging from \$1,000 up to \$25,000 for local projects.
- Ontario’s Seniors are the province’s fastest growing demographic, and by 2023, there will be 3 million Ontarians over the age of 65



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